



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 World Cider Day	4 National Corgi Day	5 World Environment Day	6
<p>Joanne - June 26th</p>	<p>9:30 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:15 Morning Fitness w/ Brian ♥</p> <p>10:45 Wheel of Fortune (LL) & Bistro Bites (Snacks)!</p> <p>11:15 SingFit 🎵</p> <p>1:00 Music with Kiemel</p> <p>2:00 Creative Crafting: Flower Suncatchers</p> <p>3:30 Motion Magic! Hallway Bowling! ♥ 🎳</p> <p>4:15 Fact Finders Club: Trivia</p>	<p>9:00 Outing: Botanic Gardens</p> <p>9:30 Sit & Stretch Exercise (LL) ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Travelogue Tuesday "Mediterranean Islands" & Bistro Bites!</p> <p>10:30 Exercise with Terri (Gym) ♥</p> <p>11:00 Catholic Communion</p> <p>1:30 Sensory Outings Co 🍦</p> <p>2:30 Ice Cream Cone Social</p> <p>3:00 Documentary: Denver Botanic Gardens</p> <p>3:30 Line Dancing (BIS) ♥</p> <p>4:15 Cinema Silliness!</p>	<p>9:30 Sit & Stretch Exercise ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Curious Dragonfly 🦋</p> <p>11:00 Story Time with Molly</p> <p>1:00 Documentary: The History of Cider & How to Make Cider</p> <p>2:00 Creative Crafting: Patriotic Door Decor</p> <p>3:30 Mocktail Musical Hour "Apple Cider Mocktail's"</p> <p>4:30 Senior Sing-Along</p>	<p>9:30 Exercise with Terri (Gym) ♥</p> <p>9:30 Sit & Stretch Exercise ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Cognitive Calisthenics & Bistro Bites/Refreshments</p> <p>1:00 Wheelchair/Walker Wash</p> <p>1:15 Documentary: The Corgi</p> <p>2:45 Happy Hour in the Bistro!</p> <p>3:00 Classic Music Videos</p> <p>4:15 Sing-Along Soirée!</p>	<p>9:30 Sit & Stretch Exercise ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Cognitive Calisthenics & Bistro Bites/Refreshments</p> <p>1:15 Music & Movement: DrumFit ♥</p> <p>2:00 Creative Crafting: "Earth" Watercolor Painting</p> <p>3:30 Tovertafel, Tabletop Games & Puzzle Palooza!</p> <p>3:30 Shabbat Services</p> <p>4:15 Fact Finders Club: Trivia!</p>	<p>9:30 Sit & Stretch Exercise ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Cognitive Calisthenics & Bistro Bites/Refreshments</p> <p>1:15 Saturday Short Stories and Smiles 😊</p> <p>2:00 Creative Crafting: Paper Plate Fans</p> <p>3:30 Motion Magic! Beanbag Tic-Tac-Toe ♥</p> <p>4:15 Pitch Perfect Fun Sing-Along!</p>
7	8	9	10	11	12 National Red Rose Day 🌹	13
<p>9:00 Catholic Sunday Mass</p> <p>10:00 Seated Chair Exercise (LL) ♥</p> <p>10:30 Memory Magic</p> <p>11:15 Sunday Morning Coffee, Lucky Dabbers BINGO & Bistro Bites!</p> <p>1:00 Armchair Travelogue! "100 Natural Wonders of the World"</p> <p>2:00 Marker Art: Hibiscus</p> <p>3:00 Ice Cream Social (BIS)</p> <p>3:30 The Mindful Meanders Walking Club ♥</p> <p>4:15 Pitch Perfect Fun Sing-Along!</p>	<p>9:30 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:15 Morning Fitness w/ Brian ♥</p> <p>10:45 Wheel of Fortune (LL) & Bistro Bites!</p> <p>11:15 SingFit 🎵</p> <p>1:00 Music with Kiemel 🌸</p> <p>2:00 Creative Crafting: 3D Summer Flower Painting</p> <p>3:30 Motion Magic! Balloon Noodle Ball! ♥</p> <p>4:15 Fact Finders Club: Trivia</p>	<p>9:30 Sit & Stretch Exercise ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Travelogue Tuesday "Beautiful Islands" & Bistro Bites!</p> <p>10:30 Exercise with Terri (Gym) ♥</p> <p>11:00 Catholic Communion</p> <p>1:15 Tactile Time! Sensory Games 🍵</p> <p>2:30 Mugs N Muffins</p> <p>3:00 Shall We Dance With Melissa ♥</p> <p>3:30 Memory Magic</p> <p>4:15 Tickle Me Tuesday! Cinema Silliness!</p>	<p>9:30 Sit & Stretch Exercise ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Cognitive Calisthenics & Bistro Bites/Refreshments</p> <p>11:00 Story Time with Molly</p> <p>1:00 Motion Magic! Balloon Volleyball! ♥</p> <p>2:00 Creative Crafting: Watercolor Painting Floral Design</p> <p>3:30 Mocktail Musical Hour</p> <p>4:30 Senior Sing-Along</p>	<p>9:30 Exercise with Terri (Gym) ♥</p> <p>9:30 Sit & Stretch Exercise ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Cognitive Calisthenics & Bistro Bites/Refreshments</p> <p>1:15 Soothing Soles: Foot Soaks & Paint N Polish Manicures</p> <p>1:15 Documentary: The Gilded Age "Socialites"</p> <p>2:45 Happy Hour in the Bistro!</p> <p>3:00 Classic Music Videos</p> <p>4:15 Sing-Along Soirée!</p>	<p>9:30 Sit & Stretch Exercise ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Cognitive Calisthenics & Bistro Bites/Refreshments</p> <p>1:15 Music & Movement: Scarf Dancing ♥ 🦋</p> <p>2:00 Curious Dragonfly</p> <p>3:00 Tovertafel, Tabletop Games & Puzzle Palooza!</p> <p>4:15 Fact Finders Club: Trivia!</p>	<p>9:30 Sit & Stretch Exercise ♥</p> <p>10:00 Good Morning Gathering & Therapeutic Aroma Scents</p> <p>10:30 Cognitive Calisthenics & Bistro Bites/Refreshments</p> <p>1:15 Saturday Short Stories and Smiles 😊</p> <p>2:00 Creative Crafting: Firefly Lanterns</p> <p>3:30 Travelogue: Rick Steves "Best of the Alps"</p> <p>3:30 Hand Massages with Makenna</p> <p>4:15 Sing-Along Soirée!</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
14 Flag Day 9:00 Catholic Sunday Mass 10:00 Chair Yoga (LL)♥ 10:30 Memory Magic 11:15 Sunday Morning Coffee, Lucky Dabbers BINGO! 1:00 Documentary: Betsy Ross And US Flag History 2:00 Marker Art: US Flag 3:00 Ice Cream Social (BIS) 3:30 The Mindful Meanders Walking Club♥ 4:15 Senior Sing-Along	15 9:30 Good Morning Gathering & Therapeutic Aroma Scents 10:15 Morning Fitness w/ Brian♥ 10:45 Wheel of Fortune (LL) & Bistro Bites! 11:15 SingFit  1:00 Name that tune! 2:00 Creative Crafting: Sweet Honeybee Decor 3:30 Motion Magic! Laundry Basket Tic-Tac-Toe!♥ 4:15 Fact Finders Club: Trivia	16 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Travelogue: "The Azores" 10:30 Exercise with Terri (Gym)♥ 11:00 Lunch Outing: Original House of Pancakes 11:00 Catholic Communion 1:30 Sensory Outings Co 3:00 Ballet Performance (CR) 3:00 Documentary: Ballet 4:15 Cinema Silliness!	17 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Cognitive Calisthenics & Bistro Bites/Refreshments 11:00 Story Time with Molly 1:00 Documentary: Jackie Kennedy The Real Story 2:00 Creative Crafting: Clay Flower Trinket Dish 3:30 Mocktail Musical Hour 4:30 Senior Sing-Along	18 9:30 Exercise with Terri (Gym)♥ 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Cognitive Calisthenics 1:00 Wheelchair/Walker Wash 1:00 Alzheimer's Bakesale Fundraiser in the Bistro! 1:00 Documentary-Greta Garbo 2:45 Happy Hour in the Bistro! 3:00 Classic Music Videos 4:15 Sing-Along Soirée!	19 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Cognitive Calisthenics & Bistro Bites/Refreshments 1:15 Motion Magic! DrumFit!♥ 2:00 Creative Crafting: Summertime Sun Visors 3:30 Tovertafel, Tabletop Games & Puzzle Pooza! 4:15 Fact Finders Club: Trivia! 	20 National Vanilla Milkshake Day 9:30 Sit & Stretch Exercise 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Cognitive Calisthenics & Bistro Bites/Refreshments 1:15 Saturday Short Stories and Smiles😊 2:00 Craft: 1950s Inspired Milkshake Creation 3:30 Beachball Banter 4:15 Pitch Perfect Fun Sing-Along!	
21 Father's Day & First Day of Summer 9:00 Catholic Sunday Mass 10:00 Plates in Hand Stretch (LL)♥ 10:30 Memory Magic 11:15 Sunday Morning Coffee, Lucky Dabbers BINGO! 1:00 Armchair Travelogue! "World National Parks" 2:00 Marker Art: "Summer" 2:30 Father's Day Root Beer Floats! 3:30 The Mindful Meanders Walking Club♥ 4:15 Senior Sing-Along	22 9:30 Good Morning Gathering & Therapeutic Aroma Scents 10:15 Morning Fitness w/ Brian♥ 10:45 Wheel of Fortune (LL) & Bistro Bites! 11:15 SingFit  1:00 Music with Kiemel 2:00 Creative Crafting: Paper Vases with Flowers 3:30 Motion Magic! Indoor Bocce Ball♥ 4:15 Fact Finders Club: Trivia	23 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Travelogue Tuesday "Southern Italy" 10:30 Exercise with Terri (Gym)♥ 11:00 Catholic Communion 1:30 Sensory Games  2:30 Cookies & Cocoa Social 3:00 Shall We Dance With Melissa♥ 3:30 Memory Magic 4:15 Cinema Silliness!	24 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Cognitive Calisthenics 11:00 Story Time with Molly 1:00 Documentary: "Beatrix Potter – A Victorian Genius" 2:00 Creative Crafting: Pine Cone Flower's on Canvas 3:30 Mocktail Musical Hour 4:30 Senior Sing-Along	25 9:30 Exercise with Terri (Gym)♥ 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Cognitive Calisthenics 1:15 Soothing Soles: Foot Soaks & Paint N Polish Manicures 1:15 Documentary: David Attenborough "Secret Life of Hummingbirds" 2:45 Happy Hour in the Bistro! 3:00 Classic Music Videos 4:15 Sing-Along Soirée!	26 Happy Birthday Joanne! 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Cognitive Calisthenics & Bistro Bites/Refreshments 1:15 Music & Movement: Chair Dancing to the 60s♥ 2:00 Birthday Party for Joanne! 3:30 Tovertafel, Tabletop Games & Puzzle Pooza! 4:15 Fact Finders Club: Trivia! 	27 National BINGO Day 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Spring BINGO & Bistro Bites/Refreshments 12:00 Monarch House Family Pizza Party & Neighborhood Meeting! 1:15 Creative Crafting: Seashell Art 3:00 Balloon Volleyball♥ 4:00 Fact Finders Club: Trivia! 4:30 Sing-Along Soirée!	
28 9:00 Catholic Sunday Mass 10:00 Flex & Posture Exercise(LL)♥ 10:30 Memory Magic 11:15 Sunday Morning Coffee, Lucky Dabbers BINGO 1:00 Armchair Travelogue! 50 Best Places in the USA 2:00 Marker Art: The Beach! 3:00 Ice Cream Social (BIS) 3:30 The Mindful Meanders Walking Club♥ 4:15 Senior Sing-Along!	29 9:30 Good Morning Gathering & Therapeutic Aroma Scents 10:15 Morning Fitness w/ Brian♥ 10:45 Wheel of Fortune (LL) & Bistro Bites! 11:15 SingFit  1:00 Finish the Phrase 2:00 Creative Crafting: Paper Craft – Colorful Umbrellas 3:30 Motion Magic! Bean Bag Twister♥ 4:15 Fact Finders Club: Trivia	30 9:30 Sit & Stretch Exercise♥ 10:00 Good Morning Gathering & Therapeutic Aroma Scents 10:30 Travelogue Tuesday "New Zealand" & Bistro Bites 10:30 Exercise with Terri (Gym)♥ 11:00 Catholic Communion 1:30 Outing: Dairy Queen! 3:00 Motion Magic! Noodle Ball Hockey♥ 4:15 Cinema Silliness!	<p><u>Quote of the Month:</u></p> <p>“Love and kindness are never wasted. They always make a difference. They bless the one who receives them, and they bless you, the giver.”</p> <p>- Barbara De Angelis </p>			<p>Calendar Key:</p> <p>PDR – Private Dining Room BIS – Bistro CR – Community Room LL – LifeLoop App</p> <p>♥ Indicates Physical Exercise or a Movement Based Physical Activity.</p>	<p>Red – Arts & Crafts Blue – Outdoor Excursions Green – Outside Guests Purple – Documentary Orange – Travelogue</p> 