

# February 2026

## Monarch House

| Sunday                                                                                                                                                                                                                                                                                                                                                            | Monday                                                                                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                                                                                                                                                                                | Thursday                                                                                                                                                                                                                                                                                                                                                                                      | Friday                                                                                                                                                                                                                                                                                                                                                 | Saturday                                                                                                                                                                                                                                                                                                                   |
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| <b>1</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Catholic Sunday Mass<br><b>10:30</b> Spiritual Eldercare<br><b>11:15</b> Cognitive Calisthenics & Bistro Bites (Snacks)!<br><b>1:00</b> Armchair Travelogue! (MC)<br><b>2:00</b> Art: Color & Create<br><b>3:30</b> The Mindful Meanders Walking Club<br><b>4:15</b> Pitch Perfect Fun Sing-A-Long! | <b>2</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music with Kiemel (MC)<br><b>2:00</b> Creative Crafting with Tonja<br><b>3:30</b> Motion Magic! Balloon Noodle Ball!<br><b>4:15</b> LifeLoop Games "Wheel of Fortune" | <b>3</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Exercise with Terri (2nd Fl Gym)<br><b>10:30</b> Travelogue Tuesday & Bistro Bites (Snacks)! (MC)<br><b>11:00</b> Catholic Communion (TH)<br><b>1:00</b> Balloon Volleyball<br><b>2:30</b> Mugs N Muffins<br><b>3:00</b> Motion Magic!<br><b>4:15</b> Tickle Me Tuesday! Cinema Silliness!            | <b>4</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Curious Dragonfly (MC)<br><b>11:30</b> Book Club: Story Time With Molly<br><b>1:00</b> Documentary<br><b>2:00</b> Creative Crafting<br><b>3:30</b> Monarch's Musical Hour (MC)<br><b>4:30</b> Senior Sing-Along                                             | <b>5</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>9:30</b> Exercise with Terri (2nd Fl Gym)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:30</b> Sensory Outings Company (MC)<br><b>2:45</b> Happy Hour in the Bistro!<br><b>3:00</b> Classic Music Videos<br><b>4:15</b> Sing-Along Soirée!                  | <b>6</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music & Movement<br><b>2:00</b> Creative Crafting<br><b>3:30</b> Shabbat Services (MC)<br><b>3:30</b> Puzzle Palooza!<br><b>4:15</b> Classic Trivia!                  | <b>7</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music & Movement<br><b>2:00</b> Creative Crafting<br><b>3:30</b> Motion Magic - Corn Hole<br><b>4:15</b> Pitch Perfect Fun Sing-A-Long!   |
| <b>8</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Catholic Sunday Mass<br><b>10:30</b> Spiritual Eldercare<br><b>11:15</b> Cognitive Calisthenics & Bistro Bites (Snacks)!<br><b>1:00</b> Armchair Travelogue! (MC)<br><b>2:00</b> Art: Color & Create<br><b>3:30</b> The Mindful Meanders Walking Club<br><b>4:15</b> Pitch Perfect Fun Sing-A-Long! | <b>9</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Balloon Volleyball<br><b>2:00</b> Creative Crafting with Tonja<br><b>3:30</b> Name that Tune!<br><b>4:15</b> LifeLoop Games "Wheel of Fortune"                        | <b>10</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Exercise with Terri (2nd Fl Gym)<br><b>10:30</b> Travelogue Tuesday & Bistro Bites (Snacks)! (MC)<br><b>11:00</b> Catholic Communion (TH)<br><b>11:00</b> Lunch Outing: Snooze<br><b>2:30</b> Ice Cream Social (MC)<br><b>3:00</b> Motion Magic!<br><b>4:15</b> Tickle Me Tuesday! Cinema Silliness! | <b>11</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>11:00</b> Story Time With Molly<br><b>1:00</b> Documentary<br><b>2:00</b> Creative Crafting - Valentine Suncatchers<br><b>3:30</b> Monarch's Musical Hour (MC)<br><b>4:30</b> Senior Sing-Along | <b>12</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>9:30</b> Exercise with Terri (2nd Fl Gym)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Bloom Crafters Club - Flower Arranging<br><b>1:00</b> Soothing Soles: Foot Soaks & Paint N Polish Manicures (MC)<br><b>2:45</b> Happy Hour in the Bistro!<br><b>3:00</b> Classic Music Videos<br><b>4:15</b> Sing-Along Soirée! | <b>13</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music & Movement - Chair Dancing<br><b>2:00</b> Creative Crafting<br><b>3:30</b> Shabbat Services (MC)<br><b>3:30</b> Puzzle Palooza!<br><b>4:15</b> Classic Trivia! | <b>14</b><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Valentine Craft<br><b>2:30</b> Sweetheart Treat Social<br><b>3:00</b> Valentine Day BINGO!<br><b>4:15</b> Pitch Perfect Fun Sing-A-Long! |

| Sunday                                                                                                                                                                                                                                                                                                                                                                 | Monday                                                                                                                                                                                                                                                                                                                                                                                                          | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                                                                                          | Friday                                                                                                                                                                                                                                                                                                                                                                       | Saturday                                                                                                                                                                                                                                                                                                          |
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| <b>15</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Catholic Sunday Mass<br><b>10:30</b> Spiritual Eldercare<br><b>11:15</b> Cognitive Calisthenics & Bistro Bites (Snacks)!<br><b>1:00</b> Armchair Travelogue! (MC)<br><b>2:00</b> Art: Color & Create<br><b>3:30</b> The Mindful Meanders Walking Club<br><b>4:15</b> Pitch Perfect Fun Sing-A-Long! | <b>16</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music with Kiemel (MC)<br><b>2:00</b> Creative Crafting with Tonja<br><b>3:30</b> Motion Magic! Balloon Noodle Ball!<br><b>4:15</b> LifeLoop Games "Wheel of Fortune"                                                     | <b>17</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Exercise with Terri (2nd Fl Gym)<br><b>10:30</b> Travelogue Tuesday & Bistro Bites (Snacks)! (MC)<br><b>11:00</b> Catholic Communion (TH)<br><b>1:00</b> Balloon Volleyball<br><b>3:00</b> Expressions BINGO<br><b>4:15</b> Tickle Me Tuesday! Cinema Silliness!                                                                            | <b>18</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>11:00</b> Story Time With Molly<br><b>1:00</b> Documentary<br><b>2:00</b> Stirring UP Smiles! - Edible Art!<br><b>3:30</b> Monarch's Musical Hour (MC)<br><b>4:30</b> Senior Sing-Along                             | <b>19</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>9:30</b> Exercise with Terri (2nd Fl Gym)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:30</b> Sensory Outings Company (MC)<br><b>2:45</b> Happy Hour in the Bistro!<br><b>3:00</b> Classic Music Videos<br><b>4:15</b> Sing-Along Soirée! | <b>20</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music & Movement<br><b>2:00</b> Creative Crafting<br><b>3:30</b> Shabbat Services (MC)<br><b>3:30</b> Puzzle Palooza!<br><b>4:15</b> Classic Trivia!                                   | <b>21</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music & Movement<br><b>2:00</b> Creative Crafting<br><b>3:30</b> Motion Magic<br><b>4:15</b> Pitch Perfect Fun Sing-A-Long! |
| <b>22</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Catholic Sunday Mass<br><b>10:30</b> Spiritual Eldercare<br><b>11:15</b> Cognitive Calisthenics & Bistro Bites (Snacks)!<br><b>1:00</b> Armchair Travelogue! (MC)<br><b>2:00</b> Art: Color & Create<br><b>3:30</b> The Mindful Meanders Walking Club<br><b>4:15</b> Pitch Perfect Fun Sing-A-Long! | <b>23</b> 🎂<br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music with Kiemel (MC)<br><b>2:00</b> Creative Crafting with Tonja<br><b>2:30</b> Happy Birthday Party for Rosemary!<br><b>3:30</b> Motion Magic! Balloon Noodle Ball!<br><b>4:15</b> LifeLoop Games "Wheel of Fortune" | <b>24</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Exercise with Terri (2nd Fl Gym)<br><b>10:30</b> Travelogue Tuesday & Bistro Bites (Snacks)! (MC)<br><b>11:00</b> Catholic Communion (TH)<br><b>12:00</b> Monarch Pizza Party! (MC)<br><b>1:00</b> Balloon Volleyball<br><b>2:30</b> Ice Cream Social (MC)<br><b>3:00</b> Motion Magic!<br><b>4:15</b> Tickle Me Tuesday! Cinema Silliness! | <b>25</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>11:00</b> Story Time With Molly<br><b>1:00</b> Documentary<br><b>2:00</b> Creative Crafting<br><b>3:00</b> MH Neighborhood Meeting (MC)<br><b>3:30</b> Monarch's Musical Hour (MC)<br><b>4:30</b> Senior Sing-Along | <b>26</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>9:30</b> Exercise with Terri (2nd Fl Gym)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Purple Art Studio (MC)<br><b>1:00</b> Soothing Soles: Foot Soaks & Paint N Polish Manicures (MC)<br><b>2:45</b> Happy Hour in the Bistro!<br><b>3:00</b> Classic Music Videos<br><b>4:15</b> Sing-Along Soirée! | <b>27</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Curious Dragonfly<br><b>11:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music & Movement<br><b>2:00</b> Creative Crafting<br><b>3:30</b> Shabbat Services (MC)<br><b>3:30</b> Puzzle Palooza!<br><b>4:15</b> Classic Trivia! | <b>28</b><br><br><b>9:30</b> Wake Up Wiggles! (MC)<br><b>10:00</b> Aromatherapy & Daily Chronicle<br><b>10:30</b> Cognitive Calisthenics & Bistro Bites (Snacks)! (MC)<br><b>1:00</b> Music & Movement<br><b>2:00</b> Creative Crafting<br><b>3:30</b> Motion Magic<br><b>4:15</b> Pitch Perfect Fun Sing-A-Long! |
| <b>Happy Birthday</b> 🎂                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                   |
| <b>Feb 23</b><br>Rosemary Buchanan                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                   |

MC = Memory Care, TH = Theater