

**SUN**

**MON**

**TUE**

**WED**

**THU**

**FRI**

**SAT**

## Calendar Key:

CR – Community Room  
TH – Theater  
PDR – Private Dining Room  
Sky – Sky Lounge  
BIS – Bistro  
FD – Front Desk  
DR – Dining Room  
**Bold – Highlighted Events**  
**Red – Arts & Crafts**  
**Blue – Outings & Off-site programs**



**9:30 AM** Wake up & Stretch class (CR) **5**  
**10:00 AM** Qualities of Life Work Group (SKY)  
**10:45 AM** Live Stream Greenwood Community Church (TH)  
**1:30 PM** Dime Bingo (CR)  
**3:00 PM** Ice Cream Social (BIS)  
**3:30 PM** Movie Matinee: (TH)

**8:30 AM** Coffee & Donuts (BIS) **6**  
**9:00 AM** Boxing for Fitness  
**9:30 AM** Up & At Em' (CR)  
**10:30 AM** Chess Club (SKY)  
**11:00 AM** Koelbel Library (FD)  
**12:45 PM** Outing: Colorado Supreme Courts (FD)  
**1:30 PM** Sip n Paint class (CR)  
**4:30 PM** 4th floor party (SKY)  
**6:30 PM** Evening Movie: (TH)

**9:30 AM** Wake up & Stretch class (CR) **12**  
**10:00 AM** Qualities of Life Work Group (SKY)  
**10:45 AM** Live Stream Greenwood Community Church (TH)  
**1:30 PM** Dime Bingo (CR)  
**3:00 PM** Ice Cream Social (BIS)  
**3:30 PM** Movie Matinee: (TH)

**9:00 AM** Boxing for Fitness **13**  
**9:30 AM** Up & At Em' (CR)  
**11:00 AM** Outing: Sierra restaurant (FD)  
**11:00 AM** Lecture: Great Musical Moments part 1 (TH)  
**1:30 PM** Art Appreciation lecture: Bring Your Own Art (TH)  
**3:00 PM** Monthly Birthday Celebration (BIS)  
**6:30 PM** Evening Movie: (TH)

**9:30 AM** Up & At Em' (CR) **7**  
**9:30 AM** Outing: Georgetown Loop Railroad (FD)  
**11:00 AM** Catholic Communion (TH)  
**1:00 PM** Bible Study (SKY)  
**1:30 PM** Dime Bingo (CR)  
**3:00 PM** Musical Lectures: The Music of Billie Holiday (TH)  
**3:30 PM** Line Dancing class (BIS)  
**6:30 PM** Evening Movie: (TH)

**9:30 AM** Up & At Em' (CR) **14**  
**11:00 AM** Catholic Communion (TH)  
**12:00 PM** Women's Luncheon (PDR)  
**1:00 PM** Bible Study (SKY)  
**1:30 PM** Dime Bingo (CR)  
**3:30 PM** Littleton Youth Ballet (BIS)  
**6:30 PM** Evening Movie: (TH)

**9:30 AM** Balance class with Brian (CR) **1**  
**10:00 AM** King Soopers (FD)  
**10:30 AM** Craft: Pumpkin Paint Pouring (CR)  
**1:30 PM** Think Tank (TH)  
**1:30 PM** Target & Wal-Mart (FD)  
**2:00 PM** Mahjong (SKY)  
**3:00 PM** Boxing with Bret (CR)  
**6:30 PM** Evening Movie: "Mountain Top"

**9:30 AM** Balance class (CR) **8**  
**10:00 AM** King Soopers (FD)  
**10:30 AM** Purple Art (CR)  
**1:30 PM** Target & Wal-Mart (FD)  
**1:30 PM** Lecture: Colorado Ghost Towns (TH)  
**2:00 PM** Mahjong (SKY)  
**3:00 PM** Boxing with Bret (CR)  
**6:30 PM** Evening Movie: (TH)

**9:30 AM** Balance class (CR) **15**  
**10:00 AM** King Soopers (FD)  
**11:00 AM** Family Feud (TH)  
**12:00 PM** Men's Luncheon (PDR)  
**1:30 PM** Parkinson's Support group (TH)  
**2:00 PM** Mahjong (SKY)  
**3:00 PM** Boxing with Bret (CR)  
**3:30 PM** Lecture: Fall Prevention (TH)  
**6:30 PM** Evening Movie: (TH)

**9:00 AM** Walk in Westlands Park (FD) **2**  
**9:30 AM** Chair Yoga (CR)  
**10:00 AM** Kings on the Corner (SKY)  
**11:30 AM** Jewelry Sales & Repair (BIS)  
**11:45 AM** Catholic Mass (FD)  
**1:30 PM** Dime Bingo (CR)  
**3:00 PM** Afternoon exercise (CR)  
**4:00 PM** Happy Hour (BIS)  
**6:30 PM** Evening Movie: "Out and About"

**9:30 AM** Chair Yoga (CR) **9**  
**10:00 AM** Kings on the Corner (SKY)  
**11:45 AM** Catholic Mass (FD)  
**1:30 PM** Dime Bingo (CR)  
**3:00 PM** Afternoon exercise (CR)  
**4:00 PM** Happy Hour (BIS)  
**6:30 PM** Evening Movie: (TH)

**9:30 AM** Chair Yoga (CR) **16**  
**10:00 AM** Kings on the Corner (SKY)  
**10:00 AM** Great Decisions (TH)  
**11:45 AM** Catholic Mass (FD)  
**1:30 PM** Town Hall (TH)  
**2:30 PM** Dime Bingo (CR)  
**4:00 PM** Happy Hour (BIS)  
**6:30 PM** Evening Movie: (TH)

**9:30 AM** Up & At Em' with Brian (CR) **3**  
**11:00 AM** Mind Aerobics (CR)  
**1:00 PM** Carillon Singers (CR)  
**2:00 PM** Wii Bowling (BIS)  
**2:00 PM** Bridge (SKY)  
**3:30 PM** Concert: Denver Dolls (BIS)  
**4:00 PM** Shabbat Services (TH)  
**6:30 PM** Evening Movie: "Who Needs You"

**9:30 AM** Up & At Em' (CR) **10**  
**11:00 AM** Mind Aerobics (CR)  
**11:00 AM** H & W Lecture: Breast Cancer Awareness (TH)  
**1:00 PM** Carillon Singers (CR)  
**2:00 PM** Wii Bowling (BIS)  
**2:00 PM** Bridge (SKY)  
**3:00 PM** Concert: Mark Zwilling (BIS)  
**4:00 PM** Shabbat Services (TH)  
**6:30 PM** Evening Movie: (TH)

**9:30 AM** Up & At Em' (CR) **17**  
**11:00 AM** Mind Aerobics (CR)  
**1:00 PM** Carillon Singers (CR)  
**2:00 PM** Wii Bowling (BIS)  
**2:00 PM** Bridge (SKY)  
**2:30 PM** Lecture: Oklahoma to Edelweiss (TH)  
**4:00 PM** Shabbat Services (TH)  
**6:30 PM** Evening Movie: (TH)

**9:30 AM** Chair Yoga (CR) **4**  
**11:00 AM** Chicken Foot (SKY)  
**1:30 PM** Bridge (SKY)  
**3:30 PM** Movie Matinee: "The Bucket List" 2007, PG-13, 1hr. 37min. (TH)

**9:30 AM** Chair Yoga (CR) **11**  
**11:00 AM** Chicken Foot (SKY)  
**1:30 PM** Bridge (SKY)  
**3:30 PM** Movie Matinee: (TH)

**9:30 AM** Chair Yoga (CR) **18**  
**11:00 AM** Chicken Foot (SKY)  
**1:30 PM** Bridge (SKY)  
**3:30 PM** Movie Matinee: (TH)

**(Rest on the back)**

SUN	MON	TUE	WED	THU	FRI	SAT
<div>19</div> <div>10:00 AM Qualities of Life Work Group (SKY) 10:45 AM Live Stream Greenwood Community Church (TH) 3:30 PM Movie Matinee: (TH)</div>	<div>20</div> <div>8:30 AM Coffee &amp; Donuts (BIS) 9:00 AM Boxing for Fitness 9:30 AM Up &amp; At Em' (CR) 10:30 AM Chess Club (SKY) 11:00 AM Outing: Koelbel Library (FD) 1:30 PM Lecture: Great Musical Moments part 2 (TH) 3:30 PM Concert: Michael Friedman Jazz Duo (BIS) 6:30 PM Evening Movie: (TH)</div>	<div>21</div> <div>9:30 AM Up &amp; At Em' (CR) 11:00 AM Catholic Communion (TH) 12:00 PM Mountain Man (BIS) 12:00 PM The Senior Shop (BIS) 1:00 PM Bible Study (SKY) 1:30 PM Dime Bingo (CR) 3:00 PM Lecture: Travelogue Series (TH) 5:00 PM Dinner &amp; A Movie: The Sting (TH)</div>	<div>22</div> <div>9:30 AM Balance class (CR) 10:00 AM King Soopers (FD) 10:30 AM Purple Art (CR) 1:30 PM Concert: Yvonne Guzman (BIS) 2:00 PM Mahjong (SKY) 3:00 PM Let's Talk Food (TH) 4:00 PM Dementia Support group (SKY) 6:30 PM Evening Movie: (TH)</div>	<div>23</div> <div>9:30 AM Chair Yoga (CR) 10:00 AM Kings on the Corner (SKY) 11:45 AM Catholic Mass (FD) 1:00 PM Chair Massage 1:30 PM Dime Bingo (CR) 3:00 PM Afternoon exercise (CR) 4:00 PM Happy Hour (BIS) 6:30 PM Evening Movie: (TH)</div>	<div>24</div> <div>9:30 AM Up &amp; At Em' (CR) 11:00 AM Mind Aerobics (CR) 11:30 AM Couture Chez Vous boutique (BIS) 1:00 PM Carillon Singers (CR) 2:00 PM Wii Bowling (BIS) 2:00 PM Bridge (SKY) 4:00 PM Shabbat Services (TH) 6:30 PM Evening Movie: (TH)</div>	<div>25</div> <div>9:30 AM Chair Yoga (CR) 11:00 AM Chicken Foot (SKY) 1:30 PM Bridge (SKY) 3:30 PM Movie Matinee: (TH)</div>
<div>26</div> <div>9:30 AM Wake up &amp; Stretch class (CR) 10:00 AM Qualities of Life Work Group (SKY) 10:45 AM Live Stream Greenwood Community Church (TH) 1:30 PM Dime Bingo (CR) 3:00 PM Ice Cream Social (BIS) 3:30 PM Movie Matinee: (TH)</div>	<div>27</div> <div>9:00 AM Boxing for Fitness 9:00 AM Outing: Blackhawk Casino (FD) 9:30 AM Up &amp; At Em' (CR) 10:30 AM Craft: Pumpkin Art class (CR) 2:00 PM Active Minds: Monsters &amp; Legends (TH) 3:30 PM Colorado Music Institute (BIS) 6:30 PM Evening Movie: (TH)</div>	<div>28</div> <div>9:30 AM Up &amp; At Em' (CR) 11:00 AM Catholic Communion (TH) 1:00 PM Bible Study (SKY) 1:30 PM Dime Bingo (CR) 3:00 PM Concert: Steve Smith (BIS) 4:30 PM Outing: East China Asian Cuisine (FD) 6:30 PM Evening Movie: (TH)</div>	<div>29</div> <div>9:30 AM Balance class (CR) 10:00 AM King Soopers (FD) 11:00 AM Outing: La Loma restaurant (FD) 2:00 PM Mahjong (SKY) 3:00 PM Boxing with Bret (CR) 3:30 PM Concert: Clint Dadian (BIS) 6:30 PM Evening Movie: (TH)</div>	<div>30</div> <div>9:30 AM Chair Yoga (CR) 10:00 AM Kings on the Corner (SKY) 10:30 AM Balloon Art Craft (CR) 11:45 AM Catholic Mass (FD) 1:30 PM Dime Bingo (CR) 3:00 PM Afternoon exercise (CR) 4:00 PM Halloween Happy Hour (BIS) 6:30 PM Evening Movie: (TH)</div>	<div>31</div> <div>9:30 AM Up &amp; At Em' (CR) 11:00 AM Mind Aerobics (CR) 1:00 PM Carillon Singers (CR) 2:00 PM Wii Bowling (BIS) 2:00 PM Bridge (SKY) 3:30 PM Concert: Josh Brookstein (BIS) 4:00 PM Shabbat Services (TH) 6:30 PM Evening Movie: (TH)</div>	
			<div>October Birthdays:</div> <div>5<sup>th</sup> – Pete Sinner 7<sup>th</sup> – JoAnn Ryan 9<sup>th</sup> – Betty Smith 10<sup>th</sup> – Sandra Mallen 13<sup>th</sup> – Christine Bartow 18<sup>th</sup> – Linda Hogan 20<sup>th</sup> – Louan Kamlet 21<sup>st</sup> – Susana Curbelo 25<sup>th</sup> – Millicent Fieman (101 years young) 26<sup>th</sup> – Kay Baldwin</div>			