

August 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 10TH	AUGUST 11TH	AUGUST 12TH	AUGUST 13TH	AUGUST 14TH	AUGUST 15TH	AUGUST 16TH
Daily Theme: National S'Mores Day 9:00 Good Morning! Coffee & Conversation 9:30 Sit & Stretch Exercise 10:00 Farmers Market at Bellevue Station or Board Games & Puzzles 11:30 Mind Aerobics 12pm LUNCH 1:00 "I Love You S'more" Card Making Craft & S'more Tasting! 2:00 National Geographic: "Wild Yosemite" 3:00 Ice Cream Social (BS) 3:30 Palette Relaxation or Movie Matinee "Raising the Bar" (TH) 4:30 Dinner	Daily Theme: National Mountain Day 9:00 Good Morning! Coffee & Conversation 9:30 Sit & Stretch Exercise 10:00 Arts & Crafts: "Mountain Mosaics" 11:00 Discover Colorado: Rocky Mountain National Park or Active Minds Presentation: "India" (TH) 12pm – 1pm - LUNCH 1:00 Mind Aerobics 1:30 Documentary: "How the Rocky Mountains were Made" or Art Appreciation with Wendy "Picasso" (TH) 3:00 August Birthday Celebration (BS) 4:00 Shut the Box 4:30 Dinner	Daily Theme: National Milk Man Day 9:00 Good Morning! Coffee & Conversation 9:30 Sit & Stretch Exercise 10:00 Arts & Crafts: Milk Jug Butterflies 11:30 Mind Aerobics 12pm – 1pm – LUNCH 1:00 Elvis Music and Trivia 1:30 Documentary: Elvis Presley's Graceland 2:30 Short Documentary: "What ever happened to the milk man?" 3:00 Travelogue: Rick Steves "Egypt Yesterday and Today" or Think Tank "Resident Planning Meeting" 4:00 LCR Dice Game 4:30 Dinner	Daily Theme: National Calligraphy Day 9:00 Good Morning! Coffee & Conversation 9:30 Sit & Stretch Exercise 10:00 Mind Aerobics 10:30 Purple Art: Contrasting Flowers (CR) or Board Games ~ Jinx! 12pm – 1pm - LUNCH 1:00 Learn to write your name "Calligraphy Style" 1:30 Documentary: "Wonders of our Planet" by David Attenborough or Lecture: Chris Wells "East Coast National Parks" 2:30 Arts & Crafts: (Pt 2) Air Dry Clay Trinket Bowl 3:30 Jigsaw Puzzles or Concert: Mark Zwilling (BS) 4:30 Dinner	Daily Theme: National Creamsicle Day 9:00 Good Morning! Coffee & Conversation 9:30 Sit & Stretch Exercise or Yoga in the (CR) 10:00 Arts & Crafts: Paper Chain Wall Art 11:30 Mind Aerobics 12pm – 1pm - LUNCH 1:00 Snack Time! Creamsicles & "How it's Made, Creamsicles" 1:30 Game Time: Name That Tune! 2:30 Tabletop Suffleboard 3:30 Acoustic Music: "Ethereal Sounds of a Creamsicle Sky" 4:00 Happy Hour (BS) 5:00 Dinner	Daily Theme: National Hawaiian Shirt Day 9:00 Good Morning! Coffee & Conversation 9:30 Sit & Stretch Exercise 10:00 Arts & Crafts: Watercolor "Hibiscus" 11:30 Mind Aerobics 12pm – 1pm - LUNCH 1:00 No Bake Cooking: Hawaiian Pineapple Chocolate Fondue 2:00 Indoor Golf Putting or Wii Bowling (BS) 2:30 "Black Leather Sit down with Elvis Presely" or Lecture: Classical Music Insights "Gershwin" with Betsy Schwarm (TH) 4:30 Dinner	Daily Theme: National Tell A Joke Day 9:00 Good Morning! Coffee & Conversation 9:30 Sit & Stretch Exercise or Yoga in the (CR) 10:00 Arts & Crafts: "Watermelon Pinwheels" 11:30 Mind Aerobics 12pm – 1pm - LUNCH 1:00 Tell a Joke Time! "Dad Jokes" 1:30 Documentary: "Comedians of Our Past" 2:30 A Little Walk and refresh with Lemonade 3:00 Lets Laugh! "Bloomin Tounge Twisters" 3:30 Palette Relaxation or Movie Matinee "Free Guy" (TH) 4:30 Dinner



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*Activities in RED are out in the community ~ BS (Bistro), TH (Theater), CR (Community Room)