

SUN

MON




TUE

WED

THU

FRI

SAT

Calendar Key: CR – Community Room TH – Theater BIS – Bistro FD – Front Desk Sky – Sky Lounge Bold – Highlighted Events Red – Arts & Crafts Blue – Outings & Off-Site	March Birthdays: 2 – Michael Kirrane 5 – Ellen Thompson 5 – Kathleen Ziegler 9 – Joe Pells 10 – Debbie Collier 10 – George Wong	19 – JoAnne Bernasek 19 – Pay Myers 22 – Hanna Dubin 23 – Hassan Makarechian 29 – Donna Mangold 29 – Bill Dubin				9:30 AM Chair Yoga (CR) 1 11:00 AM Chicken Foot (SKY) 1:30 PM Bridge (SKY) 3:30 PM Movie Matinee: (TH)
9:30 AM Yoga Flow (CR) 2 10:00 AM Qualities of Life Work (SKY) 10:45 AM Live Stream Greenwood Community Church (TH) 1:30 PM Dime Bingo (CR) 3:30 PM Movie Matinee: (TH) 3:30 PM Concert: The Celtic Friends (BIS)	8:30 AM Coffee & Donuts (BIS) 3 9:00 AM Boxing for Fitness 9:30 AM Move it, Shake it, Lift it (CR) 10:30 AM Chess Club (SKY) 11:00 AM Koelbel Library (FD) 1:30 PM Lecture: Historic Hotels of Colorado (TH) 3:00 PM Art with Kelly (CR)	9:30 AM Up & At Em' (CR) 4 11:00 AM Catholic Communion (TH) 1:30 PM Dime Bingo (CR) 3:00 PM Musical Lectures: Edith Piaf (TH) 7:00 PM Evening Movies (TH)	9:30 AM Balance class (CR) 5 10:00 AM Bible Study (GR) 10:00 AM King Soopers (FD) 11:00 AM Ash Wednesday Service (TH) 1:30 PM Think Tank (TH) 1:30 PM Target & Wal-Mart (FD) 3:00 PM Cardio exercise class (CR) 3:30 PM Concert: Chris Cheslin 6:30 PM Lamont Symphony Orchestra (FD)	9:30 AM Chair Yoga (CR) 6 10:00 AM Kings on the Corner (SKY) 11:30 AM Jewelry Sales & Repair (BIS) 1:30 PM Catholic Mass (SKY) 1:30 PM Dime Bingo (CR) 3:00 PM Afternoon exercise (CR) 4:00 PM Happy Hour (BIS)	9:30 AM Up & At Em' (CR) 7 11:00 AM H & W Lecture: Common Eye Conditions (TH) 11:00 AM Mind Aerobics (SKY) 1:00 PM Carillon Singers (CR) 2:00 PM Wii Bowling (BIS) 2:00 PM Bridge (SKY) 3:30 PM Concert: Christopher Conroy (BIS) 4:00 PM Shabbat Services (TH)	9:30 AM Chair Yoga (CR) 8 11:00 AM Chicken Foot (SKY) 1:30 PM Bridge (SKY) 1:30 PM Afternoon exercise class (CR) 2:30 PM Concert: Colorado Youth Pipe Band (BIS) 3:30 PM Movie Matinee: (TH)
9:30 AM Yoga Flow (CR) 9 10:00 AM Qualities of Life Work Group (SKY) 10:45 AM Live Stream Greenwood Community Church (TH) 1:30 PM Dime Bingo (CR) 3:00 PM Ice Cream Social (BIS) 3:30 PM Movie Matinee: (TH)	9:00 AM Boxing for Fitness 10 9:30 AM Move it, Shake it, Lift it (CR) 11:00 AM Outing: Perfect Landing (FD) 1:30 PM Lecture: Art Appreciation (TH) 3:00 PM Monthly Birthday Celebration (BIS)	9:30 AM Up & At Em' (CR) 11 10:30 AM Fall Prevention & Balance Assessment (TH) 11:00 AM Catholic Communion (TH) 12:00 PM Women's Luncheon (PDR) 1:30 PM Dime Bingo (CR) 3:30 PM Concert: Steve Smith (BIS) 7:00 PM Evening Movies (TH)	9:30 AM Balance class (CR) 12 10:00 AM King Soopers (FD) 10:00 AM Bible Study (SKY) 1:30 PM Target & Wal-Mart (FD) 1:30 PM Lecture: Ireland (TH) 3:30 PM Line Dancing (BIS) 6:30 PM Outing: Lamont Wind Ensemble (FD)	9:30 AM Chair Yoga (CR) 13 10:00 AM Kings on the Corner (SKY) 11:45 AM Catholic Mass (FD) 1:30 PM Dime Bingo (CR) 3:00 PM Afternoon exercise (CR) 4:00 PM Happy Hour (BIS)	9:30 AM Up & At Em' (CR) 14 11:00 AM H&W Lecture: Creative Process is Good for Your Health (TH) 11:00 AM Mind Aerobics (SKY) 1:00 PM Carillon Singers (CR) 2:00 PM Wii Bowling (BIS) 2:00 PM Bridge (SKY) 3:30 PM Concert: Ethan Hall (BIS) 4:00 PM Shabbat Services (TH)	9:30 AM Chair Yoga (CR) 15 11:00 AM Chicken Foot (SKY) 1:30 PM Bridge (SKY) 3:30 PM Movie Matinee: (TH)
9:30 AM Yoga Flow (CR) 16 10:00 AM Qualities of Life Work Group (SKY) 10:45 AM Live Stream Greenwood Community Church (TH) 1:30 PM Dime Bingo (CR) 3:00 PM Ice Cream Social (BIS) 3:30 PM Movie Matinee: (TH)	8:30 AM Coffee & Donuts (BIS) 17 9:00 AM Boxing for Fitness 9:30 AM Move it, Shake it, Lift it (CR) 10:30 AM Chess Club (SKY) 11:00 AM Outing: Koelbel Library (FD) 1:30 PM Art with Kelly (CR) 4:00 PM St. Patrick's Day celebration & Reeds Irish Dancers (BIS)	9:30 AM Up & At Em' (CR) 18 11:00 AM Catholic Communion (TH) 12:00 PM Mountain Man (BIS) 1:30 PM Dime Bingo (CR) 3:00 PM Travelogue Series: Jordan (TH) 5:00 PM Dinner & A Movie: Field of Dreams (TH)	9:30 AM Balance class (CR) 19 10:00 AM King Soopers (FD) 10:00 AM Bible Study (SKY) 12:00 PM Men's Luncheon (PDR) 1:30 PM Parkinson's Support group (TH) 3:00 PM Cardio exercise class 3:30 PM Concert: Ryden Fredericks (BIS)	9:30 AM Chair Yoga (CR) 20 10:00 AM Kings on the Corner (SKY) 10:00 AM Great Decisions (TH) 11:45 AM Catholic Mass (FD) 1:30 PM Town Hall (TH) 2:30 PM Dime Bingo (CR) 6:30 PM Evening Concert: Ron Kientz (BIS)	9:30 AM Up & At Em' (CR) 21 11:00 AM Mind Aerobics (CR) 1:00 PM Carillon Singers (CR) 2:00 PM Wii Bowling (BIS) 2:00 PM Bridge (SKY) 2:30 PM Lecture: Great Movie Music (TH) 4:00 PM Shabbat Services (TH)	9:30 AM Chair Yoga (CR) 22 11:00 AM Chicken Foot (SKY) 1:30 PM Bridge (SKY) 3:30 PM Movie Matinee: (TH)
9:30 AM Yoga Flow (CR) 23 10:00 AM Qualities of Life Work Group (SKY) 10:45 AM Live Stream Greenwood Community Church (TH) 1:30 PM Dime Bingo (CR) 3:00 PM Ice Cream Social (BIS) 3:30 PM Movie Matinee: (TH)	9:00 AM Boxing for Fitness 24 9:30 AM Move it, Shake it, Lift it (CR) 11:00 AM Outing: Stanley Marketplace (FD) 2:00 PM Active Minds: Georgia O'Keeffe (TH) 3:30 PM Music Recital with CO Music Institute (BIS)	9:30 AM Up & At Em' (CR) 25 11:00 AM Catholic Communion (TH) 1:30 PM Dime Bingo (CR) 3:30 PM Concert: Scott Grove (BIS) 7:00 PM Evening Movies (TH)	9:30 AM Balance class (CR) 26 10:00 AM King Soopers (FD) 10:00 AM Bible Study (SKY) 1:30 PM Scenic Drive (FD) 3:00 PM Let's Talk Food (TH) 3:30 PM Line Dancing (BIS) 4:00 PM Dementia Support group (GR)	9:30 AM Chair Yoga (CR) 27 10:00 AM Kings on the Corner (SKY) 11:45 AM Catholic Mass (FD) 1:00 PM Chair Massage (SKY) 1:30 PM Dime Bingo (CR) 3:00 PM Afternoon exercise (CR) 4:00 PM Happy Hour (BIS)	9:30 AM Up & At Em' (CR) 28 11:00 AM Mind Aerobics (CR) 1:00 PM Carillon Singers (CR) 2:00 PM Wii Bowling (BIS) 2:00 PM Bridge (SKY) 4:00 PM Shabbat Services (TH)	9:30 AM Chair Yoga (CR) 29 11:00 AM Chicken Foot (SKY) 1:30 PM Bridge (SKY) 3:30 PM Movie Matinee: (TH)
9:30 AM Yoga Flow (CR) 30 10:00 AM Qualities of Life Work Group (SKY) 10:45 AM Live Stream Greenwood Community Church (TH) 1:30 PM Dime Bingo (CR) 3:00 PM Ice Cream Social (BIS) 3:30 PM Movie Matinee: (TH)	9:00 AM Boxing for Fitness 31 9:30 AM Move it, Shake it, Lift it (CR) 11:00 AM Rick Steves travelogue (TH) 1:30 PM Lecture: Art Appreciation (TH) 2:00 PM Zikr Dance Ensemble (BIS) 3:30 PM Afternoon Walk (FD)					