



FEBRUARY 2025

MONARCH HOUSE

TUE

WED

THU

FRI

SAT

SUN

MON

						<p>9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks 1:00 Creative Crafting 2:00 Shoulder Massage 3:00 Documentary Watch</p>
<p>2 9:30 Chick'n soup 4 the soul 10:30 Daily Chronicle & Snacks 10:45 YT Spiritual Eldercare 1:00 YT Travelogues 1:00 Beauty Bar 4:00 Walking Group</p>	<p>3 9:15 Premier Fitness with Brian 10:30 Daily Chronicle & Snacks 10:45 Cooking with Wednesday 1:00 Music with Kiemal 1:30 Let's Give Back 4:00 Eco-Insights</p>	<p>4 9:30 G'morning Stretches 10:30 Daily Chronicle & Snacks 10:30 Gym Exercises (Gym) 10:45 Baking with Wednesday ♥♥ Cookies 12:00 Lunch (DR) 11:00 Catholic Communion (TH) 1:30 Sensory Outings Company 3:30 Coffee Shop Social</p>	<p>5 9:30 G'morning Stretches 10:30 Daily Chronicle & Snacks 11:00 Jewelry ♥♥ Making 1:00 Manicures 1:00 YT Travelogue with Rick Steves 3:30 Monarch's Musical</p>	<p>6 9:30 Gym Exercises (Gym) 9:30 G'morning Stretches 10:30 Curious Dragonfly 1:00 Natgeo Mini Docuseries 2:00 Short Stories Club 3:00 Walking Group 4:00 Happy Hour (BIS)</p>	<p>7 9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks WEAR RED FOR HEART HEALTH 10:30 Lifeloop Games 11:15 YT Roulette 1:00 Tovertafel Games Wednesday's birthday! 2:30 YT Finish the Phrase 4:00 Shabbat Services (TH) 4:00 YT Music Record Search</p>	<p>8 9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks 1:00 Valentine Making ♥♥ 2:00 Shoulder Massage 3:00 Documentary Watch</p>
<p>9 9:30 Chick'n soup 4 the soul 10:30 Daily Chronicle & Snacks 10:45 YT Spiritual Eldercare 1:30 Canvas Painting with Polly 1:00 YT Travelogues 1:00 Beauty Bar 4:00 Puzzles</p>	<p>10 9:15 Premier Fitness with Brian 10:30 Daily Chronicle & Snacks 10:45 Tai Chi 1:00 Music with Kiemal 1:30 Let's Give Back 3:00 Monthly Birthday Cele. (BIS) 4:00 Eco-Insights 4:30 YT Concert Performances</p>	<p>11 9:30 G'morning Stretches 10:30 Daily Chronicle & Snacks 10:30 Gym Exercises (Gym) Out to Lunch 11:00 Catholic Communion (TH) 1:30 Bingo 2:30 Word Ladder 3:30 Coffee Shop Social</p>	<p>12 9:30 G'morning Stretches 10:30 Daily Chronicle & Snacks 11:00 Valentine ♥♥ Making 1:00 Manicures 3:30 Monarch's Musical Hour</p>	<p>13 9:30 Gym Exercises (Gym) 9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks 10:30 Purple Heart Art 11:30 Let's Give Back 1:00 NatGeo Mini Docuseries 2:30 Relaxation Hour 3:00 Walking Group 4:00 Happy Hour (BIS)</p>	<p>14 9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks ♥♥ Valentine's Day ♥♥ 2:30 YT Finish the Phrase 4:00 Shabbat Services (TH) 5:00 Buffet (DR)</p>	<p>15 9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks 1:00 Creative Crafting 2:00 Shoulder Massage 3:00 Documentary Watch</p>
<p>16 9:30 Chick'n soup 4 the soul 10:30 Daily Chronicle & Snacks 10:45 YT Spiritual Eldercare 2:45 Manicures 3:45 Walking Group</p>	<p>17 9:15 Premier Fitness with Brian 10:30 Daily Chronicle & Snacks 10:15 Let's Give Back 1:00 Music with Kiemal 3:00 Eco Insights 4:00 YT Concert Performances</p>	<p>18 9:30 G'morning Stretches 10:30 Daily Chronicle & Snacks 10:30 Gym Exercises (Gym) 11:00 Catholic Communion (TH) Out to Lunch 1:30 Sensory Outings Company 3:30 Coffee Shop Social</p>	<p>19 9:30 G'morning Stretches 10:30 Daily Chronicle & Snacks 11:00 Resident's Choice Trivia 1:00 Manicures 3:30 Monarch's Musical Hour</p>	<p>20 9:30 Gym Exercises (Gym) 9:30 G'morning Stretches 10:30 Curious Dragonfly 2:00 Jewelry Class 3:00 Walking Group 4:00 Happy Hour (BIS)</p>	<p>21 9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks 10:30 Lifeloop Games 11:00 Health & Wellness Lecture (TH) 11:15 YT Roulette 1:00 Tovertafel Games 2:30 YT Finish the Phrase 4:00 Shabbat Services (TH)</p>	<p>22 9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks 1:00 Creative Crafting 2:00 Shoulder Massage 3:00 Documentary Watch</p>
<p>23 9:30 Chick'n soup 4 the soul 10:30 Daily Chronicle & Snacks 10:45 YT Spiritual Eldercare 1:00 YT: Live Musical Concert 1:00 Beauty Bar 3:00 Puzzles</p>	<p>24 9:15 Premier Fitness with Brian 10:30 Daily Chronicle & Snacks 10:45 Tai Chi 1:00 Music with Kiemal 1:30 Let's Give Back 3:00 Eco-insights</p>	<p>25 9:30 G'morning Stretches 10:30 Daily Chronicle & Snacks 10:30 Gym Exercises (Gym) 10:45 Cooking with Wednesday 11:00 Catholic Communion (TH) 12:00 MH Luncheon (PDR) 2:30 Word Ladder 3:30 Movie Matinee</p>	<p>26 9:30 G'morning Stretches 10:30 Daily Chronicle & Snacks 1:00 Manicures 1:00 Lifeloop: Comedy Videos 3:00 MH Family Meeting 3:30 Monarch's Musical Hour</p>	<p>27 9:30 Gym Exercises (Gym) 9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks 10:30 Purple Heart Art 11:30 Let's Give Back 1:00 Natgeo Mini Docuseries 2:00 Short Stories Club 2:30 Relaxation Hour 4:00 Happy Hour (BIS)</p>	<p>28 9:30 G'morning Stretches 10:00 Daily Chronicle & Snacks 10:30 Lifeloop Games 11:00 Health & Wellness Lecture (TH) 11:15 YT Roulette 1:00 Tovertafel Games 2:30 YT Finish the Phrase</p>	<p>February Birthdays: Wednesday: 7th 🥰</p>