



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p><b>Snack Schedule</b> Morning   Afternoon <b>10:00 AM   3:00 PM</b></p> <p><b>Meal Times</b> Breakfast 8:00 AM Lunch 12:00 PM Dinner 5:00 PM</p>	<p>1 9:30 Morning Movers 10:30 Daily Chronicle 1:30 Word Searches 3:00 Sing A Long Songs</p>	<p>2 9:30 Morning Movers 10:30 US Trivia 11:00 Word Categories <b>1:30 Sensory Outing with Meghan</b> 3 Relaxation &amp; Meditation</p>	<p>3 9:30 Morning Movers 10:00 Daily Chronicle 11:00 Timeless Clichés <b>1:00 Outing: AMC Arapahoe Crossing</b> 3 Manicures</p>	<p>4 9:30 Morning Movers 10:30 UNESCO Facts 11:00 Candy Bingo 1:30 Corn Hole <b>3:00 Happy Hour</b></p>	<p>5 9:30 Morning Movers <b>10:30 Curious Dragonfly w/Trina</b> <b>2:00 Cooking Group</b> 3 Name That Tune</p>	<p>6 9:30 Morning Movers 10:00 Trivia &amp; Snacks 10:30 Bowling 1:30 Walking Group <b>2:30 Popcorn &amp; Movie: Gone with the Wind</b></p>
<p>7 9:30 Spiritual Eldercare 10:30 IN2L Fitness 1:30 Patio Trivia 3:00 Snack &amp; Chat</p> <p>Daylight Saving Time Ends</p>	<p>8 9:30 Morning Movers <b>10:00 Song Circle w/David</b> 1:30 Word Searches 3:00 Rick Steves Travels</p>	<p>9 <b>9:00 Music Therapy w/Alex</b> 10:30 Angel Pendants 1:30 Manicures 3 Relaxation &amp; Meditation</p>	<p>10 9:30 Morning Movers 10:30 Berlin Wall <b>11:00 Outing: Twin Peaks</b> 1:30 Velcro Darts 3:00 What am I?</p>	<p>11 9:30 Morning Movers 10:30 Bingo <b>1:30 Eldergrow w/Mary Grace</b> <b>3:00 Veteran's Day Celebration</b> <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>12 9:30 Morning Movers <b>10:30 Cooking Group</b> 1:30 Balloon Toss 2:30 Chicken Soup for the Soul 3:00 Rummy</p>	<p>13 9:30 Morning Movers 10:00 Trivia &amp; Snacks 10:30 Bowling 1:30 Walking Group <b>2:30 Popcorn &amp; Movie:</b></p>
<p>14 9:30 Spiritual Eldercare 10:30 IN2L Fitness 1:30 Record Hop 3:00 Snack &amp; Chat</p>	<p>15 9:30 Morning Movers 10:30 Daily Chronicle 1:30 Word Searches 3:00 Sing A Long Songs</p>	<p>16 9:30 Morning Movers 10:30 Corn Hole <b>1:30 Sensory Outings w/Meghan</b> 3:00 Relaxation &amp; Meditation</p>	<p>17 9:30 Morning Movers 10:30 Hangman <b>11:00 Outing: Poppies</b> 1:30 Manicures 3:00 Puzzles</p>	<p>18 9:30 Morning Movers 10:30 Trivia 11:00 Corn Hole 1:30 Bingo <b>3:00 Birthday Party</b></p>	<p>19 9:30 Morning Movers <b>10:30 Cooking Group</b> 1:30 Never Have I Ever 3:00 Suit Match</p>	<p>20 9:30 Morning Movers 10:00 Trivia &amp; Snacks 10:30 Bowling 1:30 Walking Group <b>2:30 Movie &amp; Popcorn</b></p>
<p>21 9:30 Spiritual Eldercare 10:30 IN2L Fitness 1:30 Patio Trivia 3:00 Snack &amp; Chat</p>	<p>22 9:30 Morning Movers <b>10:00 Song Circle w/David</b> 1:30 Word Searches 3:00 Rick Steves Travels</p>	<p>23 <b>9:00 Music Therapy w/Alex</b> 10:30 American Outlaws 11:00 Tennis Puzzle 1:30 Manicures 3 Relaxation &amp; Meditation</p>	<p>24 9:30 Morning Movers <b>10:00 Outing: City Drive</b> <b>1:30 Sweet Bread Tasting</b> 3:00 Who am I?</p>	<p>25 9:30 Morning Movers 10:30 Black Out Bingo <b>1:30 Eldergrow w/Mary Grace</b> <b>3:00 Thanksgiving Happy Hour</b>  <small>Thanksgiving Day</small></p>	<p>26 9:30 Morning Movers 10:30 I Love Lucy 1:30 Record Hop 3:00 Uno!</p>	<p>27 9:30 Morning Movers 10:00 Trivia &amp; Snacks 10:30 Bowling 1:30 Walking Group <b>2:30 Movie &amp; Popcorn</b></p>
<p>28 9:00 Spiritual Eldercare 10:30 IN2L Fitness 1:30 Coloring &amp; Relaxation 3:00 Snack &amp; Chat</p> <p><small>Hanukkah Begins</small></p>	<p>29 9:30 Morning Movers 10:30 Daily Chronicle 1:30 Word Searches 3:00 Sing A Long Songs</p>	<p>30 9:30 Morning Movers 10:00 Holiday Decorating <b>1:30 Sensory Outings w/Meghan</b> <b>2:30 Curious Dragonfly</b></p>	<h1>November 2021</h1> <p><b>"Through the eyes of gratitude, everything is a Miracle"</b> -Mary Davis</p>			

\*Activities are subject to change\*