




Carillon at Belleview Station

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar Key: CR – Community Room GR – Game Room Sky – Sky Lounge TH – Theater BIS – Bistro FD – Front Desk Blue – Outings & Trips Bold – Highlighted programs</p>	<p>October Birthdays: 2nd – Gretchen Edwards 8th – Frank Gilbert 9th – Betty Smith 20th – George Holm 21st – Susana Curbelo 24th – Glenyce DeRoeck 28th – Alice McGuire</p>					
<p>3 10:30 Mindfulness Meditation Group with Dr. Dubin - Sky 1:30 Dime Bingo - CR 3:00 Ice Cream Social - BIS</p>	<p>4 9:00 Coffee & Donuts - BIS 10:00 Up & At Em• - CR 1:00 Outing: Immersive Van Gogh exhibit - FD 6:30 Scrabble game - GR</p>	<p>5 9:00 Resident Flu Clinic - PDR 10:00 Up & At Em' - CR 10:30 Target & Walmart shopping - FD 11:00 Catholic Holy Communion Service - TH 1:30 Hand & Foot Card Game - Sky</p>	<p>6 10:00 Ball & Sticks Drumming class - CR 11:00 Resident Choir Group - TH 11:00 Outing: John Holly's Asian Bistro - FD 2:30 Poker - Lib 3:00 Balance with Brian - CR</p>	<p>7 10:00 Happy Hearts Cardio - CR 11:00 Film Lectures "Great Musical Moments II" - TH 1:30 Dime Bingo - CR 3:00 Town Hall meeting - TH</p>	<p>1 10:00 Up & At Em' - CR 10:30 Bible Study - Sky 1:00 Bridge group - GR 1:30 Fall scenic ride - FD 4:00 Oktoberfest Happy Hour - BIS</p>	<p>2 10:00 Chair Yoga - CR 2:00 Poker - GR 2:30 Saturday movie matinee: TBD - TH</p>
<p>10 10:30 Mindfulness Meditation Group with Dr. Dubin - Sky 1:30 Dime Bingo - CR 3:00 Ice Cream Social - BIS</p>	<p>11 10:00 Up & At Em• - CR 11:00 Mind Fit program - TH 3:00 Monthly Birthday Celebration - BIS 4:00 Outing: Ocean Prime - FD 6:30 Scrabble game - GR</p>	<p>12 10:00 Up & At Em' - CR 10:30 Target & Walmart shopping - FD 11:00 Catholic Holy Communion Service - TH 12:00 Women's Group luncheon - PDR 1:30 Hand & Foot Card Game - Sky 3:00 Concert: Rick Weingarten - BIS</p>	<p>13 10:00 Ball & Sticks Drumming class - CR 10:00 Outing: Park Meadows Mall w/lunch - FD 11:00 Resident Choir Group - TH 12:00 Men's Group luncheon - Sky 1:30 Chris Wells presentation - TH 3:00 Balance with Brian - CR 4:00 Carillon Choir performance - BIS</p>	<p>14 10:00 Happy Hearts Cardio - CR 11:00 Outing: Rodz & Bodz Movie Cars - FD 1:30 Dime Bingo - CR 3:00 Fireside Chat - Sky</p>	<p>15 10:00 Up & At Em' - CR 10:30 Bible Study - Sky 1:00 Bridge group - GR 4:00 Cocktail Happy Hour - BIS</p>	<p>16 10:00 Chair Yoga - CR 2:00 Poker - GR 2:30 Saturday movie matinee: TBD - TH</p>
<p>17 10:30 Mindfulness Meditation Group with Dr. Dubin - Sky 1:30 Dime Bingo - CR 3:00 Ice Cream Social - BIS</p>	<p>18 9:00 Coffee & Donuts - BIS 10:00 Up & At Em• - CR 10:00 Outing: Denver Zoo w/lunch - FD 2:00 Taste of Fall - BIS 6:30 Scrabble game - GR</p>	<p>19 10:00 Up & At Em' - CR 10:30 Target & Walmart shopping - FD 11:00 Catholic Holy Communion Service - TH 11:30 Mountain Man - BIS 1:30 Hand & Foot Card Game - Sky 3:00 Joe Wiggins travelogue "Australia" - TH</p>	<p>20 10:00 Ball & Sticks Drumming class - CR 10:00 Outing: Downtown Aquarium - FD 11:00 Resident Choir Group - TH 1:30 Denver History lecture "Amazing Amusements" - TH 2:30 Poker - Lib 3:00 Balance with Brian - CR</p>	<p>21 10:00 Great Decisions program - TH 10:00 Happy Hearts Cardio - CR 1:30 Dime Bingo - CR 3:00 Fireside Chat - Sky 3:00 Learning to Recycle w/ Linda Gutin - TH</p>	<p>22 10:00 Up & At Em' - CR 10:30 Bible Study - Sky 11:00 Curious Dragonfly - TH 1:00 Bridge group - GR 2:00 Kathleen Arnold presentation "Celtic Druids" - TH 4:00 Cocktail Happy Hour - BIS</p>	<p>23 10:00 Chair Yoga - CR 2:00 Poker - GR 2:30 Saturday movie matinee: TBD - TH</p>
<p>24 10:30 Mindfulness Meditation Group with Dr. Dubin - Sky 1:30 Dime Bingo - CR 3:00 Ice Cream Social - BIS</p>	<p>25 10:00 Up & At Em• - CR 2:00 Active Minds "Voting Rights" - TH 6:30 Scrabble game - GR</p>	<p>26 10:00 Up & At Em' - CR 10:30 Wellness Clinic - GR 10:30 Target & Walmart shopping - FD 11:00 Catholic Holy Communion Service - TH 1:30 Hand & Foot Card Game - Sky 3:00 Let's Talk Food - TH</p>	<p>27 10:00 Ball & Sticks Drumming class - CR 11:00 Resident Choir Group - TH 2:30 Poker - Lib 3:00 Balance with Brian - CR</p>	<p>28 10:00 Happy Hearts Cardio – CR 10:30 Walk in Washington Park with picnic - FD 1:30 Dime Bingo - CR 3:00 Fireside Chat - Sky</p>	<p>29 10:00 Up & At Em' - CR 10:30 Bible Study - Sky 1:00 Bridge group - GR 3:30 Halloween Spooktacular Social - BIS 4:00 Cocktail Happy Hour - BIS</p>	<p>30 10:00 Chair Yoga - CR 2:00 Poker - GR 2:30 Saturday movie matinee: TBD - TH</p>
<p>31 10:30 Mindfulness Meditation Group with Dr. Dubin - Sky 1:30 Dime Bingo - CR 3:00 Ice Cream Social - BIS</p>	