

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Room Key:</b></p> <p><b>CR – Community Room</b>  <b>TH – Theater</b>  <b>Bis – Bistro</b>  <b>Sky – Sky Lounge</b>  <b>GR – Game Room</b>  <b>PDR – Private Dining Room</b></p>						<p>10:00 Chair Yoga - CR                  2:30 Saturday movie matinee: TBD - TH                  2:30 Kentucky Derby Party – BIS</p>
<p>2                  10:00 Cardio Fit - CR                  10:30 Mindfulness Meditation Group with Dr. Dubin - Sky                  1:30 Hand &amp; Foot Card Game - Sky  <b>2:30 Craft project with Christine - CR</b></p>	<p>3                  10:00 Up &amp; At Em• - CR                  10:45 Nymb1 - TH                  3:00 Resident Meet and Greet - BIS                  7:00 Poker Night - GR</p>	<p>4                  10:00 Up &amp; At Em' - CR  <b>11:00 Stampin UP - CR</b>                  11:00 Catholic Holy Communion Service - TH                  1:15 15-Min. Stretch with Terri - CR                  2:00 Card Club - GR</p>	<p>5                  10:00 Up &amp; At Em' - CR                  10:45 Nymb1 - TH  <b>2:00 Cinco de Mayo celebration - BIS</b>                  3:00 Balance with Brian - CR</p>	<p>6                  10:00 Up &amp; At Em' - CR                  11:00 Mind Aerobics - CR                  1:30 Dime Bingo - CR  <b>1:30 Sip n Paint with Polly - CR</b>                  3:00 Fireside Chat - Sky</p>	<p>7                  10:00 Up &amp; At Em' - CR                  10:45 Nymb1 - TH                  1:30 Dance Movement - CR                  2:00 Rummikub &amp; Scrabble - CR                  2:00 Stretch class - CR  <b>2:00 China - The Forbidden City vides presentation - TH</b>                  4:00 Cocktail Happy Hour - BIS                  5:00 Sabbath Services - TH</p>	<p>8                  10:00 Chair Yoga - CR                  2:30 Saturday movie matinee: TBD - TH</p>
<p>9  <b>10:00 Mother's Day Brunch - DR</b>                  10:30 Mindfulness Meditation Group with Dr. Dubin - Sky                  1:30 Hand &amp; Foot Card Game - Sky</p>	<p>10                  10:00 Up &amp; At Em• - CR  <b>10:00 Cycling without Age - FD</b>                  10:45 Nymb1 - TH  <b>2:00 Think 360 Arts - Drawing with Jennifer - CR</b>                  7:00 Poker Night - GR</p>	<p>11                  10:00 Up &amp; At Em' - CR                  11:00 Catholic Holy Communion Service - TH  <b>12:00 Women' luncheon - Sky</b>                  1:15 15-Min. Stretch with Terri - CR                  2:00 Card Club - GR  <b>3:00 Generations Trio - BIS</b></p>	<p>12                  10:00 Up &amp; At Em' - CR                  10:45 Nymb1 - TH  <b>12:00 Men's Group luncheon - Sky</b>                  1:30 "Art, Denver Style" presentation with Kevin Snow - TH                  3:00 Balance with Brian - CR</p>	<p>13                  10:00 Up &amp; At Em' - CR                  11:00 Mind Aerobics - CR                  11:00 Intro to Therapy Services with Lori - TH                  1:30 Dime Bingo - CR                  3:00 Fireside Chat - Sky  <b>3:00 Alcohol Ink Jewelry - CR</b></p>	<p>14                  10:00 Up &amp; At Em' - CR                  10:45 Nymb1 - TH                  1:30 Dance Movement - CR                  2:00 Rummikub &amp; Scrabble - CR                  2:00 Stretch class - CR                  4:00 Cocktail Happy Hour - BIS                  5:00 Sabbath Services - TH</p>	<p>15                  10:00 Chair Yoga - CR                  2:30 Saturday movie matinee: TBD - TH</p>
<p>16                  10:00 Cardio Fit - CR                  10:30 Mindfulness Meditation Group with Dr. Dubin - Sky                  1:30 Hand &amp; Foot Card Game - Sky  <b>2:30 Ice Cream Social - BIS</b></p>	<p>17                  10:00 Up &amp; At Em• - CR                  10:45 Nymb1 - TH  <b>11:30 Stanley Marketplace outing - FD</b>  <b>2:00 Eldergrow "Herb to Show" presentation - TH</b>  <b>3:30 Essential Oil Soap Making - DIY - CR</b>                  7:00 Poker Night - GR</p>	<p>18                  10:00 Up &amp; At Em' - CR                  11:00 Catholic Holy Communion Service - TH                  1:15 15-Min. Stretch with Terri - CR                  2:00 Card Club - GR                  2:15 Health Sleep Habits - Sky  <b>3:00 My Creative Saw - CR</b></p>	<p>19                  10:00 Up &amp; At Em' - CR                  10:45 Nymb1 - TH                  1:30 "Cruising the Mediterranean" pres. with Chris Wells - TH                  3:00 Balance with Brian - CR</p>	<p>20                  10:00 Up &amp; At Em' - CR  <b>10:00 Great Decisions program - TH</b>                  11:00 Mind Aerobics - CR  <b>11:30 Out to Lunch: Zanes Italian Bistro - FD</b>                  1:30 Dime Bingo - CR  <b>3:00 Town Hall meeting - TH</b></p>	<p>21                  10:00 Up &amp; At Em' - CR                  10:45 Nymb1 - TH                  1:30 Dance Movement - CR                  2:00 Rummikub &amp; Scrabble - CR                  2:00 Stretch class - CR                  4:00 Cocktail Happy Hour - BIS                  5:00 Sabbath Services - TH</p>	<p>22                  10:00 Chair Yoga - CR                  2:30 Saturday movie matinee: TBD - TH</p>
<p>23                  10:00 Cardio Fit - CR                  10:30 Mindfulness Meditation Group with Dr. Dubin - Sky                  1:30 Hand &amp; Foot Card Game - Sky  <b>2:30 Craft project with Christine - CR</b></p>	<p>24                  10:00 Up &amp; At Em• - CR                  10:45 Nymb1 - TH  <b>2:00 Active Minds "Myanmar" - TH</b>  <b>2:00 Think 360 Arts - Drawing with Jennifer - CR</b>                  7:00 Poker Night - GR</p>	<p>25                  10:00 Up &amp; At Em' - CR                  11:00 Catholic Holy Communion Service - TH  <b>12:00 Women's Group luncheon - Sky</b>                  1:15 15-Min. Stretch with Terri - CR                  2:00 Card Club - GR                  2:00 Culinary Chat - TH  <b>3:30 Wine Tasting - BIS</b></p>	<p>26                  10:00 Up &amp; At Em' - CR                  10:45 Nymb1 - TH  <b>12:00 Men's Group luncheon - Sky</b>                  1:30 "Tanzania" pres. with Chris Wells - TH                  3:00 Balance with Brian - CR</p>	<p>27                  10:00 Up &amp; At Em' - CR                  11:00 Mind Aerobics - CR                  1:30 Dime Bingo - CR                  3:00 Fireside Chat - Sky  <b>3:00 Cooking with Chef "Cupcake Decorating" - PDR</b></p>	<p>28                  10:00 Up &amp; At Em' - CR                  10:45 Nymb1 - TH                  1:30 Dance Movement - CR                  2:00 Rummikub &amp; Scrabble - CR                  2:00 Stretch class - CR  <b>2:00 Kathleen Arnold presentation - TH</b>                  4:00 Cocktail Happy Hour - BIS                  5:00 Sabbath Services - TH</p>	<p>29                  10:00 Chair Yoga - CR                  2:30 Saturday movie matinee: TBD - TH</p>
<p>30                  10:00 Cardio Fit - CR                  10:30 Mindfulness Meditation Group with Dr. Dubin - Sky                  1:30 Hand &amp; Foot Card Game - Sky  <b>2:30 Ice Cream Social - BIS</b></p>	<p>31                  10:00 Up &amp; At Em• - CR                  10:45 Nymb1 - TH  <b>2:00 Memorial Day BBQ with a DJ - CR</b>                  7:00 Poker Night - GR</p>					

